
Waterford Chiropractic Office * Monthly Patient Newsletter

*** (Special New Patient Information Issue) ***

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The Four Health Questions Every New Patient Wants Answered On Their First Visit

Dear Friend:

I'd like to congratulate you on your decision to try chiropractic treatment for your health problem, and I'd like to personally welcome you to my office!

Almost every new patient has the same four questions on their minds, and in this newsletter I'd like to tell you about some things that could possibly speed your healing and save you money. Also, I want to go over a few things such as office fees, appointments, and insurance information.

#1: What's Wrong With Me?

The first question is, "What's wrong with me?" The simplest explanation I can give you is that you have a bone out of place in your spine, pinching a nerve, causing symptoms, and this results in an unhealthy condition.

Therefore, in order for you to be healthy, the bone has to be in place with no pressure on your nerves.

So, when a friend (or family member) asks you what's wrong with you, all you have to do is tell them: *"I have a bone out of place, pinching a nerve, causing my health problem"*.

#2: Can You Help Me?

If your health problem is a result of a bone out of place, pinching a nerve, and causing symptoms, then I can help you. Gently returning your spinal bones to their normal position so that you can regain your health is my job.

If your health problem is caused by something other than a bone out of place, I may refer you for further examination with another specialist.

#3: How Long Will It Take?

How long your care takes depends upon how severe your health problem is, and how long you've had your symptoms.

- Our best treatment plan is the “**Rapid Pain Solution Program™**”. The goal of this treatment plan is to get you out of pain as quickly as possible, and attempt to fix your health problem. For best results, we recommend 3 office visits per week for 3 weeks. At the end of 3 weeks of care you will be re-evaluated and you will either: **1) Be done with your care, 2) Choose an additional 3 weeks of care (if your condition is serious), or 3) Choose periodic care to maintain your progress.**

Please remember that no cures or guarantees are promised or implied with this treatment.

#4: How Much Will It Cost?

If you are **injured at work**, your employer's Worker's Compensation insurance policy covers you 100% in Wisconsin. If you are **injured in an automobile accident**, the Medical Payments portion of your automobile policy usually pays 100% up to a certain amount (or up to one year from the date of the accident).

- I am currently offering Special Pre-Paid Treatment Programs for a limited time. These fees are listed on a separate page.

If you are easily upset with money and/or insurance matters, we suggest that you pre-pay for your office visits and file your own insurance. My staff members are experts in insurance processing, and I do not allow anyone to harass them because their insurance company didn't pay as promised and/or as expected.

Note: If you are using your group insurance, you are responsible for any amounts not paid by your insurance company (deductibles, and/or co-payments). I am under contract with several insurance companies to accept their payments as “payment in full” after your yearly deductible is met. Your insurance company may be one of these, and you will not be billed for any unpaid amounts.

- If this box is checked [], you will not be billed for any unpaid amounts. (Remember that you are responsible for your yearly deductible)

Other Frequently Asked Questions

Q: How long will it take before I feel better?

A: I allow up to 2 weeks. If you show no improvement after two weeks of care, you will be scheduled to have a private consultation with me, and you may be referred for further evaluation (or a second opinion).

Q: Can I talk to Dr. Nielsen in private?

A: Yes. If you need to talk to me in private, I will schedule a special appointment for you.

Q: Do I need an appointment, or can I just walk in?

A: I prefer that you make an appointment as a courtesy so that my staff can have your file ready, and so that you don't have to wait when you come in.

Q: What should I do if I miss an appointment?

A: If you miss an appointment, simply call my office and reschedule your appointment. If you choose, you may also come in at the same time on the next day we are open. It is up to you to keep track of your appointments.

Q: What should I do if I'm in pain and the office isn't open?

A: The use of ice packs almost always provides temporary relief until your next office visit. It is my policy to only treat during daily office hours & only in my office (due to equipment reasons).

Q: Can I quit care if I feel good? Can I quit care if I feel bad?

A: You will have good days and bad days during your treatment. Please complete the program that you started for maximum benefits. In any event, it's always your choice.

Q: Can I schedule my office visit at a time when it's not so busy?

A: Yes. There are certain times of the day when everyone wants to come in, and these are referred to as "peak demand" times. All you have to do is request an appointment that isn't in a peak demand time.

Q: Does your office take Medical Assistance or Medicare Assignment?

A: My office does not accept Medical Assistance (Title 19). Medicare patients are required to pay at the time of service, and my staff will complete all your paperwork. Medicare will then reimburse the patient (then again, they may not).

I hope this newsletter has been helpful, and has answered most of your questions. It is my policy to treat every patient just like family, and I want you to feel welcome in my office! Again, thank you for choosing me as your doctor!

Sincerely,

Dr. G.E. Nielsen

P.S. On the next page I've enclosed a spinal bone and nerve chart. I think you'll be amazed when you see all the health problems that are caused by a bone out of place, pinching a nerve!